

Appendix P: Sample Paper Calculators for Quantifying Blood Loss

Note: This is a SAMPLE developed for a particular facility as an example to work from. You may need to adjust based on the individual circumstances of your facility

Vaginal QBL	
Volume	Calculations/Totals
Total Drape Volume (Completion of Delivery)	
Volume before Placenta Delivery (mostly amniotic fluid)	(Subtract amniotic fluid)
Drape QBL #1	=
Additional Drape Volumes:	
Bloody Lap Sponges, Total weight in grams	
Number of lap sponges _____ x _____ grams	(Subtract dry weight)
Lap Sponges QBL	=
Other bloody item, weight in grams	
Dry item, weight in grams	(Subtract dry weight)
Other item QBL	=
(From above: Drape QBL + Lap Sponge QBL + Other item QBL) Total Delivery QBL	
Bloody Standard Postpartum Perineal Pack in grams (Peripad + quilted blue under pad)	
Dry weight in grams	(Subtract dry weight)
Hospital Standardized Dry Weights in Grams	
Item	Dry Weight in Grams
Lap Sponge	
Standard Postpartum Perineal Pack (peripad + quilted blue under pad)	
Peripad	
Quilted blue under pad	
Blue Towel	
Baby Blanket	
Sheet	
Gown	

Cesarean Section QBL	
Volume in Canister (before irrigation preferably)	Calculations/Totals
Volume in Canister before Placenta Delivery (mostly amniotic fluid)	(subtract amniotic fluid)
Irrigation (IF included in canister volume)	(subtract irrigation)
Canister QBL #1	=
Additional Canister Volumes:	
Bloody Lap Sponges + sponge bag holders, Total weight in grams	
Number of lap sponges weighed _____ x ____ grams	(Subtract dry weight)
Number of sponge counter bag weighed _____ x _____ grams	(Subtract dry weight)
Lap Sponges QBL	
Dry item, weight in grams	(Subtract dry weight)
Other item QBL (If applicable)	=
(From above: Canister QBL + Lap Sponge QBL + Other item QBL) Total Delivery QBL	
Bloody Standard Postpartum Perineal Pack, weight in grams. (Peripad + quilted blue under pad)	
Dry standard postpartum perineal pack, weight in grams	(Subtract dry weight)
Recovery QBL	

Hospital Standardized Dry Weights in Grams	
Item	Dry Weight in Grams
Lap Sponge	
Sponge Counter Bag	
Standard Postpartum Perineal Pack (peripad + quilted blue under pad)	
Peripad	
Quilted blue under pad	
Blue Towel	
Baby Blanket	
Sheet	
Gown	

(Used with permission of Jennifer McNulty, MD)